FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

Vashington, D.C. 20549	
------------------------	--

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

					-							,			_							
1. Name and Address of Reporting Person* <u>Bitting W Coleman</u>					2. Issuer Name and Ticker or Trading Symbol Orchid Island Capital, Inc. [ ORC ]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
				1				_1			_	•			X Directo	or		10% Ov	vner			
(Last) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 10/01/2020									7	Officer below)	(give title		Other (s below)	specify			
1195 HII	LLARD RC	AD																				
					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable						
(Street)															Line	Line)						
ST. LOU	IS M	0	53122													X Form f	iled by One	e Repo	orting Perso	n		
																Form f Persor		re thar	n One Repo	rting		
(City)	(S	tate) (	(Zip)																			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																						
1. Title of Security (Instr. 3)  2. Transa Date (Month/D					Execution			,	Transaction Dispo		ispose	curities Acquired (A sed Of (D) (Instr. 3,			Securition Benefici	5. Amount of Securities Beneficially Owned Following		n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership			
										Code V	, A	mount	(,	A) or D)	Price	Reporte Transac (Instr. 3	ction(s)			(Instr. 4)		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																						
1. Title of Derivative Security (Instr. 3)    Conversion or Exercise Price of Derivative Security   Conversion Date (Month/Day/Year)   3. Transaction Date   Execution Date (Month/Day/Year)   (Month/Day/Year)   (Month/Day/Year)   (Month/Day/Year)			Transaction Code (Instr.		n of		6. Date Exercisable ar Expiration Date (Month/Day/Year)			and	Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)				
					Code	v	(A)	(D)	Date Exe	e ercisable	Expir Date	ration	Title	0 N	Amount or Jumber of Shares							

## **Explanation of Responses:**

(1)

Deferred

Stock Units

- 1. Each deferred stock unit represents a right to receive one share of the Issuer's common stock.
- 2. The deferred stock units are 100% vested but do not become payable until the reporting person's separation from service as a director of the Issuer.

/s/ W Coleman Bitting

2,245

Common Stock

10/01/2020

20,609

D

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

10/01/2020

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.