FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL
	OMB Number:	3235-0287
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l	hours per response:	0.5

	Check this box if no longer subject to
\neg	Section 16. Form 4 or Form 5
_	obligations may continue. See
	Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Bitting W Coleman						2. Issuer Name and Ticker or Trading Symbol Orchid Island Capital, Inc. [ORC]										cable)			Owner		
(Last) (First) (Middle) C/O ORCHID ISLAND CAPITAL, INC.						oate o		Tran	saction (Mon	th/Da	ay/Year)			fficer elow)	(give title		Other (s below)	specify			
3305 FLAMINGO DRIVE						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) VERO BEACH FL 32963		32963												X Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	City) (State) (Zip)		(Zip)																		
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						ar) E	2A. Deemed Execution Date, if any (Month/Day/Year		3. Transaction Code (Instr.) 8) 4. Securities Al Disposed Of (D 5)		ties Acquir d Of (D) (Ins	ed (A) or str. 3, 4 an	4 and Securiti Benefic		es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
									Code	, A	Amount	(A) o (D)	r Price	Tra	nsact	tion(s) and 4)			(Instr. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deeme Execution if any (Month/Day	Date,	4. Transa Code (1 8)		of		6. Date Exercisa Expiration Date (Month/Day/Year		Amount Securiti Underly		f g Security	8. Price of Derivative Security (Instr. 5)		9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Owner Form Direct or Ind (I) (In	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisable	Expi Date	oiration e	Title	Amount or Number of Shares								
Deferred Stock Units	(1)	07/01/2019			A		1,768		(2)		(2)	Common Stock	1,768	\$0		8,284		D			

Explanation of Responses:

- 1. Each deferred stock unit represents a right to receive one share of the Issuer's common stock.
- 2. The deferred stock units are 100% vested but do not become payable until the reporting person's separation from service as a director of the Issuer.

/s/ W Coleman Bitting 07/02/2019

** Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.