FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	205/19
vvasiliilytuii,	D.C.	20049

STATEMENT OF CHANGES IN BENEFICIAL OWNERSH	HIP
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	OMB APPROVAL								
	OMB Number:	3235-0287							
l	Estimated average burden								
l	hours per response:	0.5							

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Parker Ava L					2. Issuer Name and Ticker or Trading Symbol Orchid Island Capital, Inc. [ORC]										licable)		Person(s) to Issuer 10% Owner			
	CHID ISI	First) AND CAPIT	(Middle	e)		3. Date of Earliest Transaction (Month/Day/Year) 01/31/2017									Office	er (give title v)	Other (: below)			
3305 FLAMINGO DR.						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) VERO B	EACH	FL	32963			Forr									n filed by One Reporting Person n filed by More than One Reporting son					
(City)		State)	(Zip)																	
			Table I -	Non-Deriv	ative	Sec	uritie	s Ac	quired	l, Dis	sposed o	f, or	Ben	eficia	lly (Owne	ed			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day)					Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Disposed Of					and 5) Secui Bene		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	Amount (A) or (D) Price		Price		Transaction(s) (Instr. 3 and 4)				(11341. 4)
Common	Stock			01/31/3	:017		A		407 A			\$1 <mark>0.8</mark> 3	3 ⁽¹⁾ 13,477		D					
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3) 2. Conversion of Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Execution Date, if any (Month/Day/Year)			ution Date,		ansaction of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		ount	Deriv Secu	erivative ecurity estr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	: t (D) lirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Nur of Sha	mber ares						

Explanation of Responses:

1. These shares were issued in consideration for service on the Issuer's Board of Directors at a price of \$10.83 per share, which represents the closing price on December 31, 2016.

/s/ Ava L. Parker

02/02/2017

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.