## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
-------------	------	-------

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Name and Address of Reporting Person*     Morabito Paula					2. Issuer Name and Ticker or Trading Symbol Orchid Island Capital, Inc. [ ORC ]								(Che	S. Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owner					
(Last) 3305 FL	( AMINGO	,	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 01/03/2023									Officer (give title below)			Other (s below)	specify	
(Street) VERO B	EACH I		32963 (Zip)		4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)							Line	) X Form fi Form fi	ividual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)  2. Transa Date (Month/Date)					Execution Date			3. Transaction Code (Instr. 8) 4. Securities Disposed Of 5)						5. Amour Securities Beneficia Owned F	s Form ally (D) o ollowing (I) (Ir		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount	(A (D	) or )	Price	Transacti	Transaction(s) (Instr. 3 and 4)			,ou. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversior or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date,			Code (Instr.		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
	Code \		v	(A)	(D)	Date Exercisa		Expiration Date	Title	N O	mount or lumber of shares		Transacti (Instr. 4)						

## **Explanation of Responses:**

Deferred

Stock Units

1. Each deferred stock unit represents a right to receive one share of the Issuer's common stock.

01/03/2023

- 2. The reported shares represent deferred stock units granted in lieu of cash compensation. The shares are issuable on the earlier to occur of death, disability, a change in control or separation from service.
- 3. The deferred stock units are 100% vested but do not become payable until the reporting person's separation from service as a director of the Issuer.

/s/ Paula Morabito

Common Stock

01/03/2023

14,813

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.