FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL						
	OMB Number:	3235-0287						
l	Estimated average burden							
l	hours per response:	0.5						

	Check this box if no longer subject to								
\Box	Section 16. Form 4 or Form 5								
\cup	obligations may continue. See								
	Instruction 1(b).								

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Bitting W Coleman								2. Issuer Name and Ticker or Trading Symbol Orchid Island Capital, Inc. [ORC]											tionship of Reporting F all applicable) Director		rson(s) to Is		
(Last) (First) (Middle) 3305 FLAMINGO DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 11/28/2016												Offic belov	cer (give title ow)		Other below)	(specify	
(Street) VERO BEACH FL 32963 (City) (State) (Zip)							4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Indi Line) X	Forn Forn	al or Joint/Group Filing (Check Applicable orm filed by One Reporting Person orm filed by More than One Reporting erson				
			Tabl	e I - No	n-Deriv	ative	Se	cur	ritie	s Acq	uired,	Dis	posed o	f, o	r Be	nefic	ially	Owne	ed				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D							r) i	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)					Securi Benefi Owner	5. Amount of Securities Beneficially Owned Following		Ownership m: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount		(A) or (D)	Pric	Price		Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)				
Common	/2016	2016				P		48(1)		A	\$1	0.97	14,403.334			D							
Common Stock 11/28/2								2016			P		1,754	1)	A \$1		8.01	.8 16,157.334			D		
Common Stock 11/28/2								2016			S		1,790(1)		D	\$1	\$10.72		14,367.334		D		
			Та										sed of, onvertib					wned					
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Instr. 3) 3. Transaction Date (Month/Day/Year) if any (Month/Day/Year)				n Date, ay/Year) _	Code (18)	Transaction Code (Instr.		5. Nur of Deriva Secur Acqui (A) or Dispo of (D) (Instr. and 5)	ative rities ired osed	6. Date E Expiratio (Month/D	on Dato		or		of s ng e ((Instr. 3 mount r lumber	Deri Sec (Ins	rice of vative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	((10. Ownership Form: Direct (D) Or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Explanation of Responses:

1. The sole purpose of these transactions was to cause shares to be owned in the reporting person's tax deferred retirement accounts rather than his taxable account.

/s/ W Coleman Bitting

11/30/2016

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.