FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*						2. Issuer Name and Ticker or Trading Symbol Orchid Island Capital, Inc. [ORC]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
Haas G Hunter IV						Orema isidia Capitai, Inc. [ORC]								X Director		10% Owner		wner		
(Last)	(Firs	st) (N	Middle)			3. Date of Earliest Transaction (Month/Day/Year)								X Officer below)	(give title	Other (specify below)		specify		
3305 FLAMINGO DRIVE						04/13/2023								C	Chief Financial Officer					
(Street)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
VERO BE	ACH FL	3	2963												Form filed by One Reporting Person					
(City)	(Sta	ite) (Ž	Zip)												Form filed by More than One Reporting Person					
		Tabl	e I - No	on-Deriv	/ative	Sec	urities	Ac	quired	l, Di	sposed of	f, or Bei	neficial	ly Owned	l					
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					Execution Dat		,	3. Transaction Code (Instr. 8)					Benefici Owned	es ally Following	Form (D) or	nership : Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) or (D)	Price	Reporte Transac (Instr. 3	ion(s)			(Instr. 4)		
Common Stock 04/2				04/13/	2023	:023			A		21,679(1)	A	\$0	58	58,492		D			
Common Stock 04/13/			2023	:023		F		7,972(2)	D	\$10.99	50	,520		D						
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Dee Execution if any (Month/		n Date, Transac				6. Date Exercisable and Expiration Date (Month/Day/Year)			of Securit	ng e Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securitie Beneficia Owned Following Reported Transacti (Instr. 4)	e s ully	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amount or Number of Shares							
Performance Units	(4)	04/13/2023			A		21,679		(4)	.)	(4)	Common	21,679	\$0	32,79	8	D			

Explanation of Responses:

- 1. Unrestricted shares of the Issuer's common stock issued under the 2021 Equity Incentive Compensation Plan and the 2018 Long-Term Incentive Compensation Plan, the 2020 Long-Term Incentive Compensation Plan and the 2022 Long-Term Incentive Compensation Plan.
- 2. The Reporting Person disposed of these shares of the Issuer's common stock to the Issuer to satisfy the Reporting Person's tax withholding obligations in connection with the awarding of shares that occurred on April 13, 2023.
- 3. This price represents the closing price of the Issuer's common stock on April 12, 2023.
- 4. Performance units issued under the 2021 Equity Incentive Compensation Plan and the 2018 Long-Term Incentive Compensation Plan, the 2020 Long-Term Incentive Compensation Plan and the 2022 Long Term Incentive Compensation Plan. Each performance unit represents a contingent right to receive one share of the Issuer's common stock. The performance units are earned at the rate of 10% per quarter commencing with the quarter ending March 31, 2024 and concluding with the quarter ending June 30, 2026. The number of performance units actually earned by the Reporting Person is subject to adjustment based on the Issuer's achievement of certain performance goals as set forth in a performance unit award agreement by and between the Issuer and the Reporting Person.

/s/ G. Hunter Haas, IV

04/13/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.