FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

V	/as	hınç	gton,	D.C	Ξ.	20	549)	

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Parker Ava L						2. Issuer Name and Ticker or Trading Symbol Orchid Island Capital, Inc. [ORC]							(Ch	5. Relationship (Check all applied X Director)		•		son(s) to Issuer	
(Last) 10589 V	Last) (First) (Middle) 10589 VERSAILLES BOULEVARD					3. Date of Earliest Transaction (Month/Day/Year) 08/30/2021								Officer (give title Other (specif below) below)					specify
(Street) WELLINGTON FL 33449 (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Trans Date (Month/					ction 2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Disposed Code (Instr. 5)		ities Acquired (A) o d Of (D) (Instr. 3, 4 a		and Securitie		es Fo ally (D Following (I)		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	(A) or (D)	Price	1	Transaction(s) (Instr. 3 and 4)				(111341.4)
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transa Code (i 8)		of		6. Date Exercisa Expiration Date (Month/Day/Yea			7. Title an Amount o Securities Underlyin Derivative (Instr. 3 an	f g Security	Deri Sec	. Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisable		xpiration ate	Title	Amount or Number of Shares						
Deferred Stock Units	(1)	08/30/2021			A		441 ⁽²⁾		(3)		(3)	Common Stock	441		\$0	35,209	9	D	

Explanation of Responses:

- 1. Each deferred stock unit represents a right to receive one share of the Issuer's common stock.
- $2.\ Deferred\ stock\ units\ issued\ in\ lieu\ of\ the\ issuer's\ monthly\ dividend\ pursuant\ to\ the\ reporting\ person's\ election.$
- 3. The deferred stock units are 100% vested but do not become payable until the reporting person's separation from service as a director of the Issuer.

08/31/2021 /s/ Ava L. Parker

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.