FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington D.C. 20549

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| STATEMENT | OF CHANGES | IN BENEFICIAL | OWNERSHIP |
|-----------|------------|---------------|-----------|
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OMB APPROVAL

OMB Number: 3235-0287

Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| | | | | | | . , | | | | - | | | | | | | |
|--|--|--|--|--|---|--|--|---------------------|--|---------|---|---|---|---|---------------------------------------|---|------------|
| Name and Address of Reporting Person* Parker Ava L | | | | 2. Issuer Name and Ticker or Trading Symbol Orchid Island Capital, Inc. [ORC] | | | | | | | | Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner | | | | | |
| (Last) 1469 HA | ` | irst) N PARK DRIVI | (Middle) | | 3. Date of Earliest Transaction (Month/Day/Year) 10/01/2018 | | | | | | | | | r (give title | Other (specify below) | | 1 |
| (Street) JACKSO (City) | JACKSONVILLE FL 32225 | | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | . Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| | | Tab | le I - Non-De | rivativ | e Se | curitie | s Ac | cquired, D | ispo | sed c | of, or Be | neficia | ally Owne | d | | | |
| 1. Title of Security (Instr. 3) 2. Transa Date (Month/D | | | | | Execution Date, | | | Code (Instr. 5) | | | | | | Form: Direct (D) or Indirect (I) (Instr. 4) | | 7. Nature of Indirect Beneficial Ownership | |
| | | | | | | | | | / A | Amount | (A) o | Price | Trancac | tion(s) | | | (Instr. 4) |
| | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year | 4. Transa | I. 5. Number of Ocide (Instr. Derivative | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4) | | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | Beneficial Ownership (Instr. 4) | | |
| | | | | Code | v | (A) | (D) | Date Exercisable | | iration | Title | Amount or Number of Shares | | | | | |
| Deferred Stock Units | (1) | 08/10/2018 | | A | | 16 ⁽²⁾ | | (3) | | (3) | Common Stock | 16 | \$0 | 1,512 | | D | |
| Deferred Stock Units | (1) | 09/10/2018 | | A | | 15 ⁽²⁾ | | (3) | | (3) | Common Stock | 15 | \$0 | 1,527 | | D | |
| Deferred Stock Units | (1) | 10/01/2018 | | A | | 1,551 | | (3) | | (3) | Common Stock | 1,551 | \$0 | 3,078 | | D | |

Explanation of Responses:

- 1. Each deferred stock unit represents a right to receive one share of the Issuer's common stock.
- 2. Deferred stock units issued in lieu of the issuer's monthly dividend pursuant to the reporting person's election.
- 3. The deferred stock units are 100% vested but do not become payable until the reporting person's separation from service as a director of the Issuer.

<u>/s/ Ava L Parker</u> <u>10/02/2018</u>

Date

** Signature of Reporting Person

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.