FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287

Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* <u>Bitting W Coleman</u>							2. Issuer Name and Ticker or Trading Symbol Orchid Island Capital, Inc. [ORC]										olicable)	g Person(s) to Issuer 10% Owner		
(Last) 3305 FL	`	First) DRIVE	,	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 11/14/2016									Officer (give title below)		Other below	(specify)	
(Street) VERO B (City)		FL State)		2963 Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv Line) X	Forn Forn	ual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
			Table	e I - No	on-Deriv	ative	Sec	uritie	s Ac	quired	l, Di	sposed o	f, or E	Benefi	cially	Owne	ed			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day)					Execution Dat			Transaction Dispo		4. Securitie Disposed C		and 5) Secur Benef Owne		cially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount	(A) o	r Pric	е		action(s) 3 and 4)		(Instr. 4)		
Common Stock 11/1					11/14/	2016				A		719	A	\$1	0.42(1)	14,	355.334	D		
			Та	ble II -								osed of, convertib				wned				
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Executive curity or Exercise (Month/Day/Year) if any							6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		Deri Sec (Inst		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
						Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	or Number of Shares	er					

Explanation of Responses:

1. These shares were issued in consideration for service on the Issuer's Board of Directors at a price of \$10.42 per share, which represents the closing price of the stock on September 30, 2016.

/s/ W Coleman Bitting

11/14/2016

** Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.