FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Bitting W Coleman					2. Issuer Name and Ticker or Trading Symbol Orchid Island Capital, Inc. [ORC]								5. Re (Che	elationship o ck all applic Directo	able)	g Pers	on(s) to Iss		
(Last) (First) (Middle) 1195 HILLARD ROAD					3. Date of Earliest Transaction (Month/Day/Year) 01/03/2023									Officer below)	(give title		Other (s below)	specify	
(Street) ST. LOU			63122		4. 1	If Ame	endment, D	ate o	f Original F	Filed	(Month/Da	y/Year)		6. Ind Line)	Form fi	led by One	Repo	(Check Ap orting Perso One Repo	n
(City)	(S		(Zip)									_			_				
			ole I - Non			_				Dis					_				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					Execution Date		Date,	Transaction Disposed Code (Instr. 5)		ies Acquire Of (D) (Ins				s For ally (D) following (I)		: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) or (D) Pr		rice	Transaction(s) (Instr. 3 and 4)				(111501. 4)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	ate, T	ransa ode (5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable an Expiration Date (Month/Day/Year)		е	7. Title and Amount of Securities Underlying Derivative Sec (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio	illy	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)
				С	ode	v	(A)	(D)	Date Exercisal		Expiration Date	Title	or Nui of	ount mber ares		(Instr. 4)	J.1(0)		
Deferred Stock Units	(1)	01/03/2023			A		1,785 ⁽²⁾		(3)		(3)	Common Stock	1,	785	\$0	13,002	2	D	

Explanation of Responses:

- 1. Each deferred stock unit represents a right to receive one share of the Issuer's common stock.
- 2. The reported shares represent deferred stock units granted in lieu of cash compensation. The shares are issuable on the earlier to occur of death, disability, a change in control or separation from service.
- 3. The deferred stock units are 100% vested but do not become payable until the reporting person's separation from service as a director of the Issuer.

/s/ W Coleman Bitting 01/03/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.