## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APP	POVAL
	OMB Number:	3235-0287
	Estimated average	burden
- 1	hours per response	. 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Parker Ava L  (First) (Middle)				_ 0	2. Issuer Name and Ticker or Trading Symbol     Orchid Island Capital, Inc. [ ORC ]      3. Date of Earliest Transaction (Month/Day/Year)									all applic Directo Officer	able)	g Pers	son(s) to Iss 10% Ov Other (s	vner
(Last) (First) (Middle) 10589 VERSAILLES BOULEVARD				05	05/26/2021									below)			below)	
(Street) WELLIN (City)	NGTON FI	tate)	33449 (Zip)	_				f Original Fil	`		,	L	ine) X	Form fi Form fi Person	led by One	Repo	(Check Aporting Perso	n
		Tal	ole I - Non-De	rivativ	/e Se	curities	Acc	quired, D	ispos	ed o	f, or Ber	neficia	ally (	Owned				
1. Title of Security (Instr. 3)  2. Transa Date (Month/D					Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Disposed Of 5)						5. Amour Securities Beneficia Owned For Reported	s Illy ollowing	Form (D) or	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code V	Am	nount	(A) or (D) Pri		9	Transaction(s) (Instr. 3 and 4)				(11341. 4)
			Table II - Deri	vative	Sec	uritios /	٠	Dia			or Done	e						
								irea, Dis , options						wnea				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)			, call		er of e s I (A) sed str.		, CON\ rcisable Date	vertib		rities) d f g Securit	8. De Se (Ir	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficial Owned Following Reported	e s Illy J	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
Derivative Security	Conversion or Exercise Price of Derivative	3. Transaction Date	3A. Deemed Execution Date, if any	4. Transa	action (Instr.	5. Number Derivativ Securitie Acquired or Dispos of (D) (Ins	er of e s I (A) sed str.	6. Date Exe	rcisable Date P/Year)	vertibe and	7. Title an Amount o Securities Underlyin Derivative	rities) d f g Securit	8. Do Se (In	Price of erivative ecurity	derivative Securities Beneficial Owned Following	e s Illy J	Ownership Form: Direct (D) or Indirect	of Indirect Beneficial Ownership
Derivative Security	Conversion or Exercise Price of Derivative	3. Transaction Date	3A. Deemed Execution Date, if any	4. Transa Code 8	action (Instr.	5. Numbe Derivativ Securitie Acquired or Dispos of (D) (In: 3, 4 and 9	er of e s I (A) sed str. 5)	6. Date Exe Expiration (Month/Day	rcisable Date Plyear)	vertibe and	7. Title an Amount o Securities Underlyin Derivative (Instr. 3 ar	d f g Securit and 4)  Amount or Number of	8. Do Se (In	Price of erivative ecurity	derivative Securities Beneficial Owned Following Reported Transactio	e s s llly J on(s)	Ownership Form: Direct (D) or Indirect	of Indirect Beneficial Ownership
Deferred Stock	Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any	4. Transa Code 8)	action (Instr.	5. Numbe Derivativ Securitie Acquired or Dispo of (D) (In: 3, 4 and 9	er of e s I (A) sed str. 5)	6. Date Exe Expiration (Month/Day	rcisable Date (/Year)	e and	7. Title an Amount o Securities Underlyin Derivative (Instr. 3 ar	d f securiting 4)  Amount or Number of Shares	8. Do Si (In	Price of erivative ecurity nstr. 5)	derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	on(s)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership

## Explanation of Responses:

- $1. \ Each \ deferred \ stock \ unit \ represents \ a \ right \ to \ receive \ one \ share \ of \ the \ Issuer's \ common \ stock.$
- 2. Deferred stock units issued in lieu of the issuer's monthly dividend pursuant to the reporting person's election.
- $3. \ The deferred stock units are 100\% \ vested but do not become payable until the reporting person's separation from service as a director of the Issuer.$

/s/ Ava L.Parker

07/01/2021

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.