FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	D.C. 20549
-------------	------------

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

Instruction 1(b).			Filed		ant to Section 16(a) ection 30(h) of the l					934					
1. Name and Address of Reporting Person* Haas G Hunter IV				2. Issuer Name and Ticker or Trading Symbol Orchid Island Capital, Inc. [ORC]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
Tituo O Tituitei I V										X	Director	10% C			
(Last) (First) (Middle) C/O BIMINI CAPITAL MANAGEMENT, INC.					e of Earliest Transa	action (N	/lonth/	Day/Year)	X	Officer (give title below)		Other (specify below)			
					7/2022	`		, ,		Chief Financial Officer					
3305 FLAMING	O DRIVE														
(Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line)				
VERO BEACH FL 32963									X	Form filed by One Reporting Person					
										Form filed by More than One Reporting Person					
(City)	(State)														
	7	able I - No	n-Deriva	ative S	Securities Acc	quired	, Dis	sposed of,	or Ber	eficially	Owned	·			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)			2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities and Disposed Of (5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership				
						Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)		
Common Stock 09/27/2			2022		M		812(1)	A	\$ 0	35,614(4)	D				
Common Stock 09/2			09/27/2	2022		F		296(3)	D	\$10.22(2)	35,318	D			
		Table II			ecurities Acqualls, warrants,		•			•	wned				

1. Title of Derivative Security (Instr. 3)		2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
	erformance Jnits	(1)	09/27/2022		M		812.35		(1)	(1)	Common Stock	812.35	\$0	15,707 ⁽⁵⁾	D	

Explanation of Responses:

- 1. These shares represent 812 shares of the Company's common stock issued upon the vesting of Performance Units awarded to the Reporting Person on March 22, 2021 pursuant to the Issuer's 2012 Long Term Incentive Compensation Plan and 2020 Long Term Equity Incentive Compensation Plan. Cash was paid in lieu of issuing fractional shares based on the closing price of the Company's common stock on September 23, 2022.
- 2. The price represents the closing price of the Company's common stock on September 23, 2022.
- 3. The Reporting Person disposed of these shares of the Company's common stock to the Issuer to satisfy the Reporting Person's tax withholding obligations in connection with the vesting of shares.
- 4. The number of shares of common stock reflects the one-for-five reverse stock split, effective as of August 30, 2022.
- 5. The number of shares of common stock issuable upon the vesting of the remaining outstanding Performance Units was reduced as a result of the book value impairment event that occurred pursuant to the Company's Long Term Incentive Compensation Plans (the "Plans"). A book value impairment event occurs if the Company's book value per share declines by more than 15% during the quarter ended March 31, 2022 and the Company's book value per share declines from January 1, 2022 to June 30, 2022 was more than 10%. The Plans provide that if such a book value impairment event occurs, then the number of outstanding performance units that are outstanding as of the last day of such two quarter period shall be reduced by 15%.

/s/ G. Hunter Haas, IV

09/29/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.