FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C	. 20549
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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number: 3235-028							
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hours per response:	0.5						

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Parker Ava L						2. Issuer Name <b>and</b> Ticker or Trading Symbol Orchid Island Capital, Inc. [ ORC ]									tionship of Reporting Pe all applicable) Director			rson(s) to Issuer 10% Owner	
(Last) 10589 V	•	irst) (	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 10/28/2021										Officer below)	(give title		Other (s below)	specify
(Street) WELLIN (City)	NGTON FI		33449 (Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)						Indiv ne) X	'						
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)						Execution Date,			3. Transaction Code (Instr. 8)  4. Securities Acquire Disposed Of (D) (Inst 5)					5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	V	Amount (A)		r Pric	9	Transaci (Instr. 3	tion(s)			(IIISti. 4)
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date,	4. Transaction Code (Instr 8)		n of		6. Date Exercisab Expiration Date (Month/Day/Year)		Amount of		f s g Securit	D Si (li	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly Own Forn Dire or In (I) (II	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisable		expiration Pate	Title	Amour or Number of Shares	r					
Deferred Stock Units	(1)	10/28/2021			A		461 <sup>(2)</sup>		(3)		(3)	Common Stock	461		\$0	394		D	

## **Explanation of Responses:**

- 1. Each deferred stock unit represents a right to receive one share of the Issuer's common stock.
- $2.\ Deferred\ stock\ units\ issued\ in\ lieu\ of\ the\ issuer's\ monthly\ dividend\ pursuant\ to\ the\ reporting\ person's\ election.$
- 3. The deferred stock units are 100% vested but do not become payable until the reporting person's separation from service as a director of the Issuer.

11/01/2021 /s/ Ava L. Parker

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.