## FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D	.C. 20549
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<b>STATEMENT</b>	OF CHANGES	IN BENEFICIAL	OWNERSHIP

**OMB APPROVAL** OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Morabito Paula				2. Issuer Name and Ticker or Trading Symbol Orchid Island Capital, Inc. [ ORC ]						(Ch	Relationship eck all appli X Directo	cable)	Person(s) to	ssuer		
	C/O ORCHID ISLAND CAPITAL, INC.						3. Date of Earliest Transaction (Month/Day/Year) 02/03/2020								(specify	
3305 FLAMINGO DRIVE				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street) VERO BEACH FL 32963										- 1	X Form filed by One Reporting Person  Form filed by More than One Reporting  Person					
(City)	(S	tate)	(Zip)													
		Tab	le I - Non-D	erivativ	e Se	curities	s Ac	quired, Di	sposed	of, or Be	neficial	ly Owned	d			
Date		ransaction e onth/Day/Yo	Execution Date,		Code (Ins	on Dispose	rities Acquire ed Of (D) (Ins		Benefici Owned I	s Formally (D) (I) (I)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership				
						Code V	Amoun	(A) or (D)	Price	Reporte Transac (Instr. 3	tion(s)		(Instr. 4)			
		7	able II - Der e.ç(					uired, Dis s, options,				Owned				
Derivative Conversion Date Execution Date, or Exercise (Month/Day/Year) if any		Code	Transaction of Code (Instr. Derivative			Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)			
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Deferred Stock Units	(1)	02/03/2020		A		152 <sup>(2)</sup>		(3)	(3)	Common Stock	152	\$0	13,620	D		
Deferred Stock Units	(1)	03/02/2020		A		190 <sup>(2)</sup>		(3)	(3)	Common Stock	190	\$0	13,810	D		

## **Explanation of Responses:**

- 1. Each deferred stock unit represents a right to receive one share of the Issuer's common stock.
- 2. Deferred stock units issued in lieu of the issuer's monthly dividend pursuant to the reporting person's election.
- 3. The deferred stock units are 100% vested but do not become payable until the reporting person's separation from service as a director of the Issuer.

/s/ Paula Morabito 03/04/2020

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.