FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	ОМЕ

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average	burden								

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person* <u>HEUVELEN JOHN VAN</u>				2. Issuer Name and Ticker or Trading Symbol Orchid Island Capital, Inc. [ ORC ]									Relationship of Reporting Person(s) to Issuer (Check all applicable)						
					Stema Island Suprim, Inc. [ Site ]								X	Direc	ctor	10	)% O	wner	
(Last) (First) (Middle) C/O ORCHID ISLAND CAPITAL, INC.					3. Date of Earliest Transaction (Month/Day/Year) 04/05/2017										Office	er (give title v)		ther ( elow)	specify
3305 FLAMINGO DR.				4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line)							
(Street)													-	X	Form	n filed by One	e Reporting	Perso	on l
VERO B	EACH I	FL	32963											21		n filed by Mor			
(City)	(	State)	(Zip)												F 613	OII			
		Tab	le I - Noi	n-Deriva	ative S	ecurit	ies Ac	quired	l, Dis	posed o	f, o	r Ben	eficia	ally C	Owne	ed			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)			Execution Date,		3. Transaction Code (Instr. 8)  4. Securities Acquir Disposed Of (D) (Instr. 5)					nd	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)				
								Code	v	Amount		(A) or (D)	Price	- 1	Transa	action(s) 3 and 4)			(111301. 4)
Common Stock 04/06/				/2017		A		1,126		6 A \$9		9(1)	176,457		D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Ye	Date,	I. Fransactio Code (Ins <sup>3</sup> )	on of tr. Der Sec Acc (A) Dis of (			6. Date Exercisable a Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			vative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	D) ect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
								Date		Expiration		or	ount nber						

## **Explanation of Responses:**

1. These shares were issued in consideration for service on the Issuer's Board of Directors at a price of \$9.99 per share, which represents the closing price on March 31, 2017.

<u>/s/ John Van Heuvelen</u>

04/06/2017

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.