FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

on, D.C. 20549	OMP	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Cauley Robert E				2. Issuer Name and Ticker or Trading Symbol Orchid Island Capital, Inc. [ORC]								5. Relationship of Reporting Person(s) to Issue (Check all applicable) X Director 10% Own						
(Last) (First) (Middle) C/O BIMINI CAPITAL MANAGEMENT, INC 3305 FLAMINGO DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 03/25/2022								X Officer (give title Other (specify below) Chief Executive Officer					
(Street) VERO BE		ate) (32963 Zip)			4. If Amendment, Date of Original Filed (Month/Day/Year)								lividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
			ble I - No						Dis	posed of,				_		I-		
Date			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8) 4. Securities Disposed Of		(D) (Instr. 3	A) or 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	t In	7. Nature of Indirect Beneficial Ownership				
								Code	v	Amount	(A) or (D)	Price	Reported Transaction (Instr. 3 ar			"	nstr. 4)	
Common Stock				03/25	03/25/2022			M		6,270(1)	Α	\$0	154,722		D			
Common S	Stock			03/28	/2022			A		77,352(2)	A	\$0	232,	074	D			
Common Stock 03/28/				/2022			F		28,590(3)	D	\$3.36(4)	203,484		D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	ate, Tr	ansaction Derivative Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and of Securit Underlying Derivative (Instr. 3 and	es g Security	8. Price of Derivative Security (Instr. 5) Security Gowned Followin Reported Transact		e Own s Forn ally Direc or In g (I) (Ir	ership i: ct (D) direct estr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Explanation of Responses:

(1)

(5)

Performance

Units Performance

1. These shares represent 6,270 shares of the Company's common stock issued upon the vesting of Performance Units awarded to the Reporting Person on March 22, 2021 pursuant to the Issuer's 2012 Long Term Incentive Compensation Plan and 2020 Long Term Equity Incentive Compensation Plan. Cash was paid in lieu of issuing fractional shares based on the closing price of the Company's common stock on March 25,

Exercisable

(1)

(5)

(D)

6,270.5

(A)

77,352

Code

M

- 2. Unrestricted shares of the Issuer's common stock issued under the 2021 Equity Incentive Compensation Plan and the 2017 Long-Term Incentive Compensation Plan, the 2019 Long-Term Incentive Compensation Plan and the 2021 Long-Term Incentive Compensation Plan
- 3. The Reporting Person disposed of these shares of the Company's common stock to the Issuer to satisfy the Reporting Person's tax withholding obligations in connection with the awarding of shares that occurred on March 28, 2022
- 4. The price represents the closing price of the Company's common stock on March 28, 2022.

03/25/2022

03/28/2022

5. Performance units issued under the 2021 Equity Incentive Compensation Plan and the 2017 Long-Term Incentive Compensation Plan, the 2019 Long-Term Incentive Compensation Plan and the 2021 Long Term Incentive Compensation Plan. Each performance unit represents a contingent right to receive one share of the Issuer's common stock. The performance units are earned at the rate of 10% per quarter commencing with the quarter ending March 31, 2023 and concluding with the quarter ending June 30, 2025. The number of performance units actually earned by the Reporting Person is subject to adjustment based on the Issuer's achievement of certain performance goals as set forth in a performance unit award agreement by and between the Issuer and the Reporting Person.

> 03/29/2022 /s/ Robert E. Cauley

** Signature of Reporting Person Date

or Number of Shares

6,270.5

77,352

\$<mark>0</mark>

56,434.5

133,786.5

D

Title

(1)

(5)

Commo

Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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