| SEC Form 4 |  |
|------------|--|
|------------|--|

## -----

|  | FORM  | 4 l  | JNITED  | ) STA                  | TES                          | S SE  |   |          | ES AND  |                           | NGE C  | СОММ                                   | ISSION  |  |                     |   |   |
|--|---|--|---|------------------------|------------------------------|---|---|----------|---|---------------------------|--|--|---|--|---------------------|---|---|
|  |   |  |   | Washington, D.C. 20549 |                              |   |   |          |   |                           |  | OMB APPROVAL                           |   |  |                     |   |   |
| Check<br>Section<br>obligat<br>Instruc   | ed purs   | Departure of the Securities Exchange Act of 1934<br>or Section 30(h) of the Investment Company Act of 1940 |   |                        |                              |   |   |          |   | Estim                     |  | er:<br>verage burde<br>esponse:        | 3235-0287<br>n<br>0.5   |  |                     |   |   |
| 1. Name and Address of Reporting Person <sup>*</sup><br>Parker Ava L                       |   |  |   |                        |                              | 2. Issuer Name <b>and</b> Ticker or Trading Symbol<br>Orchid Island Capital, Inc. [ORC] |   |          |   |                           |  |  | 5. Relationship of Repor<br>(Check all applicable)<br>X Director  |  |                     | rson(s) to Iss<br>10% Ov  |   |
| (Last) (First) (Middle)<br>1469 HARRINGTON PARK DRIVE                                      |   |  |   |                        |                              | 3. Date of Earliest Transaction (Month/Day/Year)<br>07/03/2018                          |   |          |   |                           |  |  | Officer (give title Other (spec<br>below) below)  |  |                     |   | specify   |
| (Street)<br>JACKSONVILLE FL 32225  |   |  |   |                        | _   4. I<br>_                | 4. If Amendment, Date of Original Filed (Month/Day/Year)                                |   |          |   |                           |  |  | <ul> <li>6. Individual or Joint/Group Filing (Check Applicable<br/>Line)</li> <li>X Form filed by One Reporting Person</li> <li>Form filed by More than One Reporting<br/>Person</li> </ul> |  |                     |   |   |
| (City)   | (S  | -  | (Zip)   | Dori                   |                              |   | uritio  | <u> </u> | auirod D                                      | isposod                   | of or Br   | noficia                                |   | 4  |                     |   |   |
| Table I - Non-Deriva         1. Title of Security (Instr. 3)       2. Transa Date (Month/D |   |  |   |                        | saction                      | ction 2A. Deemed<br>Execution Date  |   |          | e, 3.<br>Transacti<br>Code (Ins               | 4. Secur<br>Dispose<br>5) | rities Acquired (A) or<br>ed Of (D) (Instr. 3, 4 a   |  | 5. Amount of  |  | Form<br>(D) c       | n: Direct<br>or Indirect<br>nstr. 4)                              | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|  |   | Т  |   |                        |                              |   |   |          | uired, Dis<br>s, options                      |                           |  |  | y Owned   |  |                     |   |   |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)  | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year)   | 3A. Deeme<br>Execution<br>if any<br>(Month/Da | Date,                  | 4.<br>Transa<br>Code (<br>8) |   | 5. Number<br>of<br>Derivative<br>Securities<br>Acquired<br>(A) or<br>Disposed<br>of (D)<br>(Instr. 3, 4<br>and 5) |          | 6. Date Exerc<br>Expiration D<br>(Month/Day/N | ate                       | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative Security<br>(Instr. 3 and 4) |  | 8. Price of<br>Derivative<br>Security<br>(Instr. 5)   | 9. Numbe<br>derivative<br>Securities<br>Beneficia<br>Owned<br>Following<br>Reported<br>Transacti<br>(Instr. 4) | e<br>s<br>Illy<br>J | Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | Beneficia<br>Ownershi<br>(Instr. 4)                               |
|  |   |  |   |                        | Code                         | v   | (A)   | (D)      | Date<br>Exercisable                           | Expiration<br>Date        | Title  | Amount<br>or<br>Number<br>of<br>Shares |   |  |                     |   |   |
| Deferred<br>Stock  | (1)   | 07/03/2018   |   |                        | A                            |   | 1,496   |          | (2)   | (2)                       | Common<br>Stock  | 1,496                                  | \$0   | 1,496  | 5                   | D   |   |

Explanation of Responses:

Stock Units

1. Each deferred stock unit represents a right to receive one share of the Issuer's common stock.

2. The deferred stock units are 100% vested but do not become payable until the reporting person's separation from service as a director of the Issuer.

## /s/ Ava L. Parker

07/06/2018 Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.